



CBSE National Science Exhibition

Model - Eco San Toilet

Eco-san describes a form of sanitation that usually involves urine diversion and the recycling of water and nutrients contained within human wastes back into the local environment. The primary application for eco san systems has been in rural areas where connection to a sanitary sewer system is not possible, or where water supplies are very limited. The project 'Eco San Toilet' was selected by the school because in India, 66 % of girls' schools do not have functioning girls' toilets.

The concept was liked and the model qualified at the Zonal + Regional Level Science Exhibition. 117 Projects were displayed and 16 were finally selected for the Nationals, Eco Sanitation was one of them.

The National Level Science Exhibition was held at Salwan Public School, Rajendra Nagar on 4th, 5th & 6th October 2013. Out of 252 exhibits from all over India our project was one of the 58 shortlisted at the All India Level. Our exhibit Eco Sanitation Model was selected among the best eight exhibits at the National Level under Sub-theme- "Community Health & Environment". We are indeed proud of our students **Aashi Tiwari and Pourush Raj**, students of Classes X & IX respectively. The project work was carried out under the guidance of Ms Girija Kaul, PGT Biology & Science Coordinator of the school.

CBSE, East Zone, Cluster [III] Athletic Meet (Girls)

Display of speed, strength and stamina – 7th October to (th October, 2013

The meet was inaugurated by **Dr. Sadhana Parashar, Director (Academic Training Research and Innovation) CBSE** and **Shri Manoj Dhama (Chairman, Nagar Palika ,Loni, Ghaziabad)**. The Opening Ceremony began with a hypnotic military band performance followed by several other cultural performances by the students.

757 athletes from 73 schools of 43 districts of Uttar Pradesh and all districts of Utrtrkhand participated with great zeal and enthusiasm in the track and field events. 32 events were conducted in this mega event.

The Closing Ceremony of the Athletic Meet was held on 9th October, 2013. The **Chief Guest Shri Pushkar Vohra, Joint Director Sports, CBSE** appreciated the efforts of the school administration and invited the school to host the next **National Athletic Meet** in 2014.



CBSE National Yoga Championship: 15th to 17th Dec., 2013

The school hosted the three days National CBSE Yoga Meet from 15th to 17th Dec., 2013. **Dr. Bishwajit Saha**, Programme Officer (Vocational) CBSE, New Delhi inaugurated the Meet. 467 students from 60 schools across the country exhibited their mastery over the 15 asanas prescribed by the CBSE Board.

Boys Category: Surya Namaskar, Titibhasana, Mrigasan, Paschimottanasan, Bhunamansana, Padahastana, Likarasana, Purn Slabhasana, Purana Chakarasana, Dimbasana, Purna Dhanurasana, Baddha Vihangasana, Utthita Kurmasana, Omkarasana, Purna Matsyaendrasana, Urdhav Kukkutasana.

Girls Category: Surya Namaskar, Paschimottan Asana, Nahunaman Asana, Bhadrasana, Karnapidasana, Padahastana, Virbhadrana, Makarasana, Purna Ushtrasana, Purna Dhanurasana, Dimbasana, Kukkutasana, Utthita Pada Hastana, Vyagrasana, Setubandha Asana, Grabhasana. Every school participated in all the team and individual competitions, undeterred by the fog and chill.

- Harshit Tripathi of Class IX secured 5th place in individual event (Boys).
- Satvik Maheshwari of Class VI secured 10th place in individual event (Boys).
- Swati Singh of Class VII secured the 11th position in individual event (Girls).
- The school bagged the 11th position in team event (Girls) & 14th position in team event (Boys)

The Chief Guest on the Closing Ceremony **Dr. Ishwar Basavaraddi**, Director of Morarji Desai Yoga Institute, shared with the audience the importance of Yoga for good health.

Delhi State Yoga Competition:

On 8th November 2013 Delhi State Yoga Competition was conducted by Rashtra Kalyan Yog Samiti at Maharaja Agrasen College, Rohini. The following students made us proud:
Satvik Maheshwari of Class VI - Gold Medal
Anushka Tyagi of Class VI - Silver Medal
Harshit Tripathi of Class IX - Silver Medal



Principal's Visit to Perth, Australia – 25th Feb – 15th March, 2013

Understanding the need for Vocational Studies in Schools, CBSE nominated ten Principals from India for a three week training session with Central Institute of Technology in Perth, Australia. Our Principal, Ms Rajni Jauhari attended the Cert IV in Training and Assessment (TAA) from 25th February to 15th March 2013. The training focussed on assessing and imparting vocational course / training in which one has expertise in as well as coordinate delivery of vocational courses.

Orientation of Teachers, Parents and Students on 'Understanding Multiple Intelligences' (M.I)

Howard Gardner of Harvard has identified seven distinct intelligences. Students possess different kinds of minds and therefore learn, remember, perform, and understand in different ways. Students are all able to know the world through language, logical-mathematical analysis, spatial representation, musical thinking, and the use of the body to solve problems or to make things, an understanding of other individuals, and an understanding of ourselves.

The Principal conducted a Workshop on Multiple Intelligences for the staff. Presentations on the Theory of Multiple intelligences were showcased by every class in a special *Mela* organized in school.

The programmes emphasized on identifying the intelligences possessed by the students through the technique of observation. An Orientation Programme on M.I for Students of Classes IX & X was also organized and MIDAS™ (Multiple Intelligences Developmental Assessment Scales) was introduced to them to enable them to choose a stream as per their intelligence.

Cross Country Run With Milkha Singh at India Gate

Flying Sikh Milkha Singh took part in 'The Cross Country Run' on October 6, 2013 from India Gate to The Press Club of India in support of the Girl Child. Amongst the participants from various schools who participated in the event, Danish Chaudhary and Munafsar Chaudhary of Class IX secured I and II positions respectively.



The Prefectorial Board gets Elected

Electing the new Prefectorial Board provided the students an opportunity to participate in the democratic process of choosing representatives for a range of purposes.

Aditi Rawat of Class XI and Anurag Shankar of Class XI were elected as the Head Girl and the Head Boy of the school respectively. Vishu Tyagi was elected as the Discipline Captain, Sumaira Anmand was elected as the Cultural Captain, Kritika Jain as the Academic Captain & Aashi Panwar as the Captain Sports.

The Prefectorial Board was involved in taking decisions with regards to the school excursions, trips, and competitions, date sheet for SA, presentations, class rules and duty charts. The board also nominated students as judges for various competitions in the school.



Day Book Keeping

Class XI Commerce students have been assisting the Accounts Section in maintaining the Day Book. Recording of transaction forms the base of accounting. This hands-on activity has enabled the students to acquire expertise in Day Book Keeping.



Student Teacher Meeting (STM) – One per Term

The most challenging aspect of being a teacher is that there is no set style on the types of students in a single class. A class of forty students will likely have forty different personalities. Not all students are able to express themselves before the class and that often brings a gap between the student and the teacher. To understand this gap the need for having a student teacher meet was felt.

The school organises one STM per term. Each child gets an opportunity to share his class experience with the class teacher. The teacher also takes the opportunity of talking on class issues which has been bothering her.



The STM has helped the teacher in understanding the students' personal interests, cultural and religious backgrounds. It has also enabled the students to voice their concerns, problems and has provided the teacher the opportunity to address these concerns. It is giving an occasion to teachers to diffuse tensions that exist among some students, bond with unruly students and is also helping in clearing the deleterious feelings they carry for some students in the class.

Our Stars Dream Big!



Music:

Bestowed with a melodious voice, our star performers Vaishnavi Shukla & Vashistha Shukla participated in 'Indian Idol Junior', a reality show and cleared the first two rounds

Dance:

Our dancing star Aman Khan, Student of Class VI A has cleared the first two rounds of Dance India Dance, another reality show. Angel Ruhela of Class III participated in India's Got Talent, a TV show.

Our Budding Artist

The artistic masterpieces created by Vaibhav Rathi of Class XI were showcased in the CBSE Cluster III East Zone Athletic Meet (Girls).

Workshop by Teachers On every Third Friday of the Month

Tronica city has a very young staff and most of them are in their first job. To boost their confidence and to bring in a culture of research it was decided that every third Friday after school hours would be their time to give presentations on topics of their interest. Regular feedback has helped and our staff feel empowered.

Workshop by Teachers for Students

- Students were given a presentation by the School Nurse, Ms. Lincy, on the effect of incorrect hanging of school bag on the Spinal Cord.
- Students often spit the chewing gum on the play field and the birds mistake it as their food. This has been leading to deaths hence the need to create awareness among the staff and students was felt. Through a heart touching video the same was conveyed to the students.

Salwan Public School gets Accredited for a period of 5 years.

CBSE introduced a holistic School Quality Assessment and Accreditation scheme to maintain the prominence of education. It covered all aspects of a school functioning, namely its Scholastic and Co-scholastic Domains, Infrastructural Areas, Human Resources, Management and Administration, Leadership and Beneficiary Satisfaction. The Board made it mandatory for every school to get accredited once every five years. The accredited school would be granted Permanent Affiliation by the CBSE Board.

Salwan Public School registered itself in the Pilot Project ran by CBSE in the year 2012 – 13 and met the prescribed qualitative standards set by the CBSE board.

The scores of the school in the three highest domains are:

1. Beneficiary Satisfaction – 7.86%
2. Management and Administration – 7.66%
3. Co-Scholastic Processes and Outcomes – 12.32%



Inter-School Athletic Meet

An Inter-School Athletic Meet was organized to encourage budding sport stars. More than 30 schools from Delhi and NCR participated in the event. The scintillating drills and displays showcased by the participants, enthralled one and all. The events aimed at nurturing the innate talents by honing skills such as leadership, time management, self-discipline, team-spirit & sportsmanship.

The winners of the first Inter-School Athletic Meet, Abhishek Kumar and Lokesh Gurnani are now representing the school at the Zonal Level.

Mock Elections

Mock Elections are conducted every year. Students who are nominated from Class V select their symbols, prepare their manifestos and plan promotional activities. Children of Classes IV and V cast their vote and select their representative. **This develops decision-making skills in them. An activity based approach is followed in order to develop psycho-social competencies and interpersonal skills that help the children to solve problems, communicate effectively, build healthy relationships, think critically and creatively.** This year, the Mock Elections **Canvassing** were held on December 26th, 2013.

Cycle Rally

A "Cycle Rally" was organized wherein young Salwanians spread the message "Save Fuel- Every Drop of Fuel is Precious". Students along with local police escort and teachers, rode bicycles in the neighborhood areas to encourage people to use bicycles for short distances. Parents also participated actively in this campaign.

Our Achievements

Rakshit Bajaj of Class III won a Bronze Medal from amongst participants of 21 states in the **20th Jeet Kune-do Junior National Championship 2013 -14**, held at Goa.

Out of 35 schools that participated in the **24th Delhi State Jeet Kune Do (Martial Art) Championship**, our school bagged six Gold, five Silver and five Bronze Medals. We were awarded the **Runners- Up Trophy.**

5th Delhi State Yoga Championship was organized by an Affiliate Unit of Indian Yoga Federation. Our students bagged two Gold, two Silver and three Bronze Medals. Five of our proud winners have been selected for the National Level Championship.



Katha Ek Singhasan Ki.. Annual Day, 2013

Salwan Junior School, Naraina Vihar organized its Annual Day on 10th April 2013 at Kamani Auditorium, New Delhi, to celebrate two decades of the school's contributions in the field of education. On this occasion, the Principal, Ms. Nisha Obheroi honoured, the first Principal of the school, Ms. Padma Verma. The school choir presented a soulful rendition "*The Awakening*", which comprised **Adharam Madhuram** : a twining of a part of *Madhurashtakam* and a composition in Contemporary fusion music, '**What are you waiting for**'. Students presented a heart-rending dance-drama '**Katha Ek Singhasan Ki**', derived from folk theatre. This dance- drama depicted the story of a throne befitting a righteous king who was chosen due to his merits and not line age. Through the '*Singhaasan*' , a metaphor of power and governance, the king reaches out to his subjects with a powerful message about making right choices.

The Alumni of the school, paid a tribute to their Alma Mater, through a special dance performance, marking the completion of two decades of the school. A resplendent pageant of art, music, dance and drama was created to mark the culmination of a long and glorious journey of discovery!

"The World Through the Eyes Of The Child"

A multi-disciplinary exhibition– "The World- Through The Eyes of The Child" was organized on 30th November 2013.

A microcosm of a child's surroundings and experiences was created . Students presented a skit depicting the importance of family in our lives. Each class was transformed into a pavilion showcasing the experiences of children gathered while learning about the environment, different states of India, their city, and their neighbourhood.

The Kindergarten Department exhibited their dexterity through art and craft work on family values. Classes I, II and III focused upon their immediate surroundings, the environment and the various measures being undertaken to conserve it. Class IV brought into spotlight the diversity of Indian Culture through different art forms and traditional attires. Class V focused on the role of science in our lives and scientific apparatus.

Students displayed their understanding of various practical scientific applications through experiments and working models. **The exhibition aimed at bringing to forefront, the concertized learning experiences of the children and sharing the same with their parents.**